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### **Placements for Trainee Counsellors**

Arun Counselling Centre welcomes applications from counselling and psychotherapy students who are in the second year of their diploma level training and who have their fitness to practice.



### **About us**

We have been offering affordable counselling to people living in the Littlehampton area since 1983. We offer an initial 18-week contract to clients that is extendable to one year and sometimes beyond. ACC is accredited by the British Association for Counselling and Psychotherapy and is committed to the BACP Ethical Framework for the Counselling Professions.

We welcome applications from counsellors who are training using a range of modalities including humanistic, psychodynamic, transactional analysis and integrative. We require our trainees to be actively engaged in their own therapy and see this as a key component of any training.

We have seven supervision groups that each meet at a set time each fortnight. There are four counsellors in each group. We provide two hours of group supervision each fortnight. We ask our trainees to pay £25 per month for their supervision - by monthly Direct Debit. We are not able to pay travel expenses for counselling students. However, we offer free supervision and help towards expenses for counsellors once they have completed all their training



Our supervisors come from a range of different modalities. We particularly enjoy working in mixed modality supervision groups and welcome the exchange of ideas and practices.

It is expected that all counsellors will become members of a professional body such as BACP, UKCP or NCS and will attend at least two of our workshops each year as part of their ongoing professional development.

We ask our counsellors, including our trainees, to commit to the service for at least two years. Many enjoy working with us so much that they stay on once they are qualified. We can offer free supervision for counsellors once they are qualified.

We allow our trainees to record sessions with clients for assessment purposes once they have approved this with their supervisor and have the full agreement of their client.

### **How to apply**

You will need to provide a full CV plus a completed application form. These will tell us about your training and previous experience and show that you have a commitment to your own ongoing therapy.

You can also find an application form on our website: <http://aruncounselling.com>

We also welcome informal enquiries and are happy to have a chat and provide more information. You can email us at [admin@aruncounselling.com](mailto:admin@aruncounselling.com)